

### Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

## 6.4 Nappy changing (January 2023)

### Policy statement

No child is excluded from attending our pre-school who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Children should, if possible, bring in bags with nappies and wipes in but if not supplied, we will use our own supply of nappies, 'pull ups' and sensitive wipes.

### Procedures

- Changing areas are warm and there are safe areas to lay young children if necessary.
- Children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Gloves and aprons are put on before changing starts and the appropriate areas available in the Butterfly Room or Caterpillar Room are prepared.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, all staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet - they may just want to sit on it.
- They should be encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Staff are gentle when changing – they must never pull faces or make any negative comment about 'nappy contents'.
- Staff must never make inappropriate comments about young children's genitals when changing their nappies.

- Older children are able to access the toilet when they have the need to and are encouraged to be independent.
- When necessary staff will help a child with their personal hygiene after they have used the toilet. Children will be encouraged to be independent but all staff are aware that help is sometimes needed. If this is not given, then this may constitute as neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.
- Nappies and 'pull ups' are disposed of hygienically. All used nappies or pull ups are bagged and put in the bin. If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.
- Soiled clothes are bagged and returned to the parent or carer at the end of the session.
- Volunteers are not permitted to change nappies or help any child (except their own) with their personal hygiene.